### **Benefits of Our Program**

- Dedicated 24-7 Admissions Team to assist with smooth transition from work to treatment and back
- Dedicated case managers to communicate with your HR/EAP team for handling of all necessary paperwork
- We are your liaison for all legal and judicial matters
- Protected privacy at all times
- Experienced professionals and licensed therapists
- Excellent Clinical Care with the highest standards of quality and efficacy
- Small groups to ensure ample one-on-one time with patients

## **Aftercare Programs**

Aftercare is support you receive after you have completed an addiction or mental health treatment program. The goal of aftercare is not only to prevent relapse, but also to aid in your recovery and ongoing growth. We work with you to create an aftercare plan, providing resources, support, and connection to a recovery community.





Drug, Alcohol and Mental Health Treatment for Employer Organizations

Your Partner for Supporting your Employee's and their Families' Mental Health Needs.

# (844) 922-2327

Addiction Treatment Program www.FirstCityRecoveryCenter.com

Mental Health Center www.FirstCityMentalHealthCenter.com

> 317 W Jefferson St. Kokomo, IN 46901









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First City Recovery Center works with numerous Union representatives, HR departments, EAPS and employers from all industries including, but not limited to:

- Healthcare
- Manufacturing
  - Automotive Manufacturers
  - Battery Plants
  - Large Equipment Manufacturers
  - Transmissions
- Warehousing and Distribution
- Transportation

## Meeting Employees' Needs

We understand that taking a leave of absence from work can be challenging. We are here to make that process easier for individuals struggling to get the help they need. We also understand that labor-intensive work may lead to mental health disorders, burnout, substance use, and physical health issues. Our team of professionals will guide you every step of the way.

#### **Addiction Treatment**

As a Midwest addiction treatment center, we know the value of family and the importance of integrated living. That is why we work hard to provide high-quality treatment programs with the American family in mind.

Substance use disorders can lead to work problems such as mistakes on the job, difficulties with co-workers, inability to focus, and even dangerous situations. If you are experiencing any of these or other issues at work, we are here to help. We offer the full continuum of care, including detox, inpatient programs, and outpatient treatment.

We provide comprehensive treatment for every person who is struggling with substance use disorders by treating the physical, mental, and spiritual aspects of addiction. Taking these extra steps allows us to help you heal, conquer your addiction, and begin to thrive. Recovery is possible.

#### **Co-occurring Disorder Treatment**

Having a mental illness and a substance use disorder simultaneously is called co-occurring disorder. Co-occurring substance use disorders with psychiatric disorders may differ in severity, and the severity may change over time. We offer the following levels of care and special programming for Co-occurring Disorder Treatment:

- Medical Detox
- Inpatient Rehab
- Partial Hospitalization Program (PHP) with housing if needed
- Intensive Outpatient Program (IOP)
- Outpatient Program
- Relapse Prevention Program

#### **Mental Health Treatment**

For individuals struggling with anxiety, depression, trauma, and mood and thought disorders, our Mental Health Center can help you live a life free of suffering. Through medication management, individual counseling and group therapy, we offer a number of modalities and special therapeutic techniques by our licensed therapists who are trained to help those struggling with mental health disorders.

